

“Old at age, young at heart”- A day’s workshop

Date of workshop: 20th February 2020

Venue: Villa Maria, Senior Citizens’ Residence, 28, k No.335, T.C.Palyam, Bangalore – 560 036

The Students of M.sc Human Development, Mount Carmel College, Autonomous conducted a workshop in Villa Maria, Senior Citizens’ Residence on 20th February’2020. The theme for the workshop was “Old at age, young at heart.” It was a developmental workshop for elderly that covered all the topics of developmental domains like physical, cognitive, emotional, social and psychological. Various activities that addressed developmental needs of the elderly were conducted in four sessions. Around 25 elderly actively participated in the workshop and the workshop lasted for about two hour.





