**Workshop on Emotional Intelligence**

**Resource person: Ms. Keerti Ramachandra**

**Audience: Second year BCom Honors students**

**Date: 20th August 2019 from 12 pm to 2 pm.**

**Venue: MTB Room No 202**

**Profile of the speaker:**

**Keerti Ramachandra** is by aptitude, inclination and training, a teacher. With an MA in English and an M Phil in English Language from JNU she has taught English at all levels, from middle and senior school (St Mary’s Catholic High School, Dubai) to undergraduate classes at Sophia College, post graduate courses to students of journalism at the Xavier Institute of Communication, in Mumbai and English language proficiency classes at the Ramakrishna Mission Kolkata.  She started her career as an editor - translator with Katha, New Delhi, in 1994 after a stint with Parenting Magazine. Since 1997 she has been a freelance editor of fiction and non -fiction for Penguin, Harper Collins, Rupa, Indialog, Sahitya Akademi, National Book Trust, and Niyogi Books.   Putting her multi-lingual skills to good use, she translates from Marathi, Hindi and Kannada into English.

**Write up:**

**Session on Soft Skills by Ms. Keerti Ramachandra**

Today, was an eventful day as we had Ms. Keerti Ramachandra enlightening the students of Second year BCom Honors about the importance of soft skills in the workspace. She began by saying that Emotional intelligence is the ability to understand and manage emotions in a positive way. It allows to recognise and understand what a person is going through emotionally.

She explained the class about EI using the story of a Bengali girl named Nandini and also conducted a test to check the emotional Intelligence of each student. The students gave a positive feedback about the lecture.







