

Department: Nutrition and Dietetics (PG Food Science and Nutrition)

Activity: Webinar

Date: 30 March 2021 , 2 – 5-30 pm

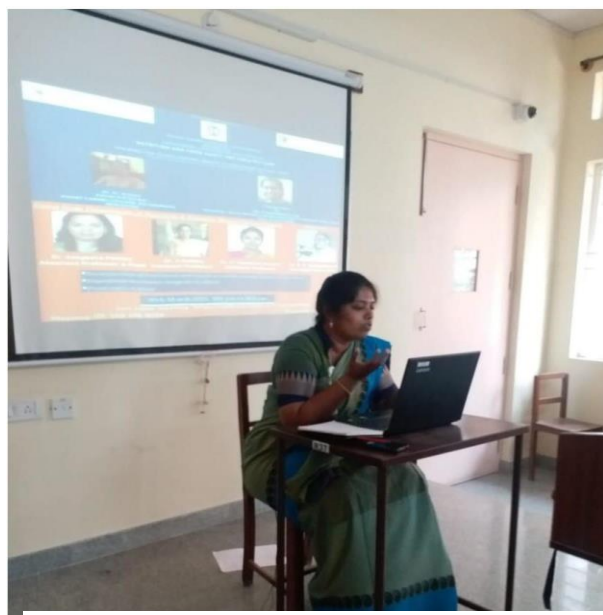
Title of the activity: “Nutrition & Food Safety for Geriatric Care” – Nutrition Awareness cum Training Program

Industry / Resource Person: Dr Padma Assistant Professor, , Dr Vasantha Kumari, Assistant Professor, Department of Nutrition & Dietetics, Mount Carmel College, Autonomous, Bengaluru

Brief Report: Department of Nutrition and Dietetics, Mount Carmel College, Autonomous, Bengaluru in association with National Institute of Social Defense, Ministry of Social Justice and Empowerment, Government of India and Heritage foundation India , Regional Resource Training Centre (Telangana, Tamilnadu & Andaman and Nicobar Islands) organized training program for cooks serving senior citizens homes in Tamilnadu Dr. Gangadharan K.R., President, Heritage Foundation gav followed by inauguration by Ms. S. Madhumathi IAS, Social Welfare and Nutritious Meal Programme Dept, Govt.of Tamilnadu. Dr. Sangeeta Pandey, Head of Dept of Nutrition and Dietetics gave a brief about the programme to the audience.

Dr. V. Padma highlighted on basics of geriatric nutrition, incorporation of traditional and locally available seasonal foods, foods to boost immunity and super food to enhance longevity in daily menu. Dr. Vasantha Kumari, emphasized the food safety and hygienic practices to be followed by the cooks with emphasis on Covid – 19. The talk was delivered in tamil language. Vote of thanks was proposed by Dr. K. R. Gangadharan of Heritage foundation.

Number of participants:100 cooks



Dr Vasantha Kumari talking on Food Safety

IN ASSOCIATION WITH

NATIONAL INSTITUTE OF SOCIAL DEFENCE
Ministry of Social Justice & Empowerment
Government of India

Mount Carmel College, Autonomous,
BENGALURU
DEPARTMENT OF NUTRITION AND DIETETICS
"NUTRITION AND FOOD SAFETY FOR GERIATRIC CARE"
TRAINING FOR COOKS SERVING SENIOR CITIZEN HOMES IN TAMIL NADU
Patroned by the Ministry of Social Justice and Empowerment, Govt. of India

Inauguration by
MS. S. MADHUMATHI IAS
Secretary, Social Welfare and Nutritious Meal Programme Department,
Govt. of Tamil Nadu

Patron
DR. SR. ARPANA
Principal
Mount Carmel College, Autonomous,
Bengaluru

Panel from Department of Nutrition & Dietetics, Mount Carmel College

Moderator
Dr. K. R. Gangadharan
Heritage Foundation

Dr. Sangeeta Pandey
Associate Professor & Head

Dr. V. Padma
Assistant Professor

Dr. P. Vasantha Kumari
Assistant Professor

- Incorporation of traditional and locally available seasonal foods in daily menu
- Superfoods to enhance longevity in elderly
- Food safety, hygiene

30th March 2021- 2:00 pm to 5:00 pm

Join zoom meeting <https://us02web.zoom.us/j/3503929029>

Meeting ID: 350 392 9029 Passcode: GNC1971

Program Invite & Schedule