

DAY-1 REPORT

INSTITUTE OF HEALTH MANAGEMENT RESEARCH [IIHMR]

INTRODUCTION:

IIHMR, Bangalore is the South Campus of reputed Indian Institute of Health Management Research, Jaipur. They are a pioneering academic institution in India with exclusive focus on education, research, and training in health systems management, hospitals, pharmaceuticals, health IT, development sector, and other allied areas. A centre for capacity development and management research in healthcare, they aspire to be the changemaker creating positive impact through knowledge creation, research, and imparting industry-oriented learning through their flagship program of PGDM (Hospital and Health Management). They have an effective team of multidisciplinary faculty members, network of institutional partners, public sector, NGOs, industry stakeholders and key opinion leaders of the healthcare industry mentoring our academic and institutional initiatives. They have adopted the latest digital technologies and industry best practices, to keep ourselves abreast with the developments in the healthcare industry and escalate to the next level.

VISION:

To create a leading health management education and multidisciplinary research institution that will best serve the betterment of society

MISSION:

Institute of Health Management Research, Bangalore is an institution dedicated to improvement in standards of health through better management of health care and related programs. It seeks to accomplish this through management research, training, consultation, and institutional networking from a national and global perspective.

The programme started with a welcome and introduction by Dr. Joyti Vijay followed by lightning and felicitation ceremony by Professor and Director of IIHMR Dr. Usha Manjunath and Dr. Sangeeta Pandey, HOD For Food Science and Nutrition, Mount Carmel College. Dr. Sarala and Dr. Joyti Vijay gave an introduction to Type of qualitative research methods and Focus Group Discussion (FGD) was explained in detail which included about the advantages and disadvantages of FGD, order of FGD, the ground rules to conduct FGD, ethical guidelines, the type of environment to be selected to conduct FGD's, type of questions to be used in FGD's, facilitation team, logistics, selection of respondents and techniques to be considered while doing an FGD. An activity was conducted in which three groups were made and FGD was conducted by Dr. Sarala, Dr. Joyti Vijya and Dr. Rajeshwari. In this FGD activity, questions related to the student's food habits, physical activity, socio-income status and family health status was asked. At the end of the programme students were given a task in which they were provided with research articles on qualitative research studies and case study was given. Students were asked to pick an issue related to nutrition and prepare a tool for KII and IDI.

DAY 2 (30.09.2022) - REPORT

The first session was handled by Dr. Sarala, on the topic of "Qualitative Interview Guide Preparation." In this, Mam explained the importance of rapport building, how to start a question, and how to avoid leading questions and double-barrelled questions. Also, she mentioned using qualitative words that demonstrate the quality or feeling behind the purpose of the study. She also spoke about open-ended questions that should be used for numerical data.

After this session, we had the activity of forming a questionnaire for the KII (Key Informant Interview) and the IDI (In-Depth Interview). The six divided groups were asked to write and display their questions in charts using sketches. Then we showed it to everyone, and they commented on what mistakes they found in the questions, as well as how much they appreciated our effort. The inputs were given by Dr. Sarala. This session was very interactive and gave us practical knowledge as well. We took a brief tea break as a group.

The successive sessions were taken by Dr. Rajeshwari on the topics "qualitative data analysis", "report writing and data interpretation," and "coding and data analysis." In this, Mom taught about transcripts, observation of non-verbal cues, contextual information, information on the observer, verbatim of written material, speeches, etc. These included transcripts, observation of non-verbal behavior, contextual information, information on the observer, verbatim written material, speeches, etc. Mam gave an insight into these topics and explained them very nicely in an understandable manner. Also, Mam taught us how to use the NVivo software.

The next session was about "publishing qualitative research articles and case studies," which was handled by Dr. Akash Gajanan. He made the talk in a short and crisp way, as we were short on time. The session was about how the title, abstract, introduction or background, methods, result, discussion, conflict of interest, and funding should be organized. Sir provided a brief explanation for all of this.

A sir and Dr. Sarala Mam demonstrated how to use the NVivo software. They explained the mother code and the child code. They also explained how to enter the data obtained from the focus group discussion into NVivo. Even charts and maps can be created with NVivo, as demonstrated. The data from the NVivo can also be exported as taught to us.

After this session, Mr. Piyush gave the "Vote of Thanks and closing remarks." They were very happy about this collaboration, and they said that they are interested in further conferences and programmes with our college.

From our college, Ms. Saranya gave the Vote of Thanks by thanking all the members who were behind the success of this programme and those who put lots of effort into making us, the students, understand the topics. All of us were very thankful for all their steps and thoughts, which brought us an understanding of qualitative research in nutrition to us. Our teachers also expressed their thanks and told them they were interested in further collaborations and that maybe one session can be done in online mode.

Finally, they handed over all the certificates to our HOD mom, Ms. Sangeetha Pandey, then we boarded the bus, and the two-day workshop was completed.

PHOTOS:



