## WORKSHOP AT HEITESHI MAHILA MANEANGALA TRUST



On March 22nd, 2024, the students of 1<sup>st</sup> year MSc Human Development had the privilege of visiting Heiteshi Mahila Mane Angala Trust, an all-women's old age home. The inclusive and welcoming atmosphere created during the activities encouraged active participation from everyone present. It was heartening to see the willingness of all participants to join in and contribute to the vibrant energy of the workshop. It was a great opportunity for students to get engaged with old people and understand their developmental needs. The workshop had activities focusing on the social, physical, and emotional development of the elderly.