

Communication and Workspace Environment by Niveditha

Niveditha is an alumna of our department. On 7th February, she spoke to the third year Communication Studies students and shared her valuable insights on how to navigate through the professional world. She addressed the importance of maintaining healthy boundaries with colleagues while emphasizing confident communication as the key to landing your dream job. To research the company and the role that you are applying for to understand the market value of the job.

The session also provided crucial guidance on handling a sensitive topic - sexual assault in the workplace. We learned about the importance of reporting such incidents and the resources available for survivors. Remember, healing takes time, and everyone copes differently.

Finally, she stressed on the importance of self-awareness. By understanding your skills and capabilities, you can confidently showcase your value to potential employers.

