Poetry Workshop by Dr. Koshy

Dr. A. V. Koshy, a poet, researcher, & an English teacher at Mount Carmel College Autonomous, held a two day workshop for the 1st Year Communicative English & Psychology students. The poetry workshop was held in the Performance Lab, from 8.50 to 10.50 AM on 11th & 18th of January 2024.

The first interactive workshop started on the 11th of January, with the question of 'What is Poetry?'. Dr. Koshy allowed the discussion to thrive, the students came up with answers such as "Poetry is an ocean in a pot", and read aloud their own poems as an answer to the question. Dr. Koshy explained the importance of imagery & sensations in poetry using various examples, underlining the difference between "show & tell". He asked students to write down an 8-line poem containing all the senses discussed in the workshop, and reviewed each student's work, giving them encouragement to write more poetry.

On 18th of January, the second half of the workshop was dedicated to understanding and writing haikus. Dr. Koshy explained haikus, their structure & the arrangement of syllables in the lines. He then demonstrated the same by creating a haiku with suggestions from the students. The students were then tasked to write 1 to 2 haikus, incorporating Dr. Koshy's advice & criticism into bettering their work.

The students were asked to write down their poems on chart paper and hang them across the windows of the Performance Lab. The students spent the remaining time of the workshop drawing & decorating their chart papers, hanging them on the twine tied across the windows, with colourful clothes pins.

The workshop ended with Dr. Koshy receiving a thank-you gift from the students & a vote of thanks.