

**Report on Industrial Visit arranged by Psychology Department on  
13th March 2023 Introduction:**

On 13th March 2023, the Psychology Department of mcc organized an industrial visit to Mysore. The trip aimed to expose students to different industrial and educational settings, which could enhance our learning experiences. The visit included a factory tour of Nandini Milk Diary, a visit to the All-India Institute of Speech and Hearing (AIISH) in Mysore, and a seminar about careers in psychology. The trip ended with a refreshing playtime in a nearby lake.



**Details:** The industrial visit commenced at 8:00 AM, with all students gathering at the campus. We boarded 2 private AC buses and a TT, which provided us with a comfortable and safe journey throughout the day. We reached Mysore at around 11 AM and started our visit by touring the Nandini Milk Diary. The tour gave us insights into the entire process of milk production and packaging, from raw material



collection to packaging and distribution. We were accompanied by an expert guide who provided us with detailed information about the different machinery used in the production process. we were amazed to see the process of milk pasteurization and homogenization, which were new concepts for most of us. After the Nandini Milk Dairy tour, we proceeded to the All-India Institute of Speech and Hearing (AIISH) in Mysore. We visited a special school for children with ADHD and observed the various teaching methodologies used to manage ADHD symptoms. We interacted with the teachers and parents , who shared their experiences and learning methods with us. The next segment of the visit was a seminar on careers in psychology, held at the AIISH conference hall. The dean eminent psychologist and academician spoke about the various career opportunities available in the field of psychology and about the area they work and why they hire PHD students for their research purpose as interns. They also discussed the importance of mental health in the current era and the growing need for trained mental health professionals.

The final segment of the visit was a relaxing playtime at a nearby lake, which provided us with a much-needed break after a long day of learning. We spent some time playing outdoor games and enjoying the scenic beauty of the lake before embarking on our return journey.



**Conclusion:** The industrial visit was a great learning journey, and we gained valuable insights into the milk production process, teaching methodologies for children with ADHD, and career opportunities in psychology. The trip was an excellent way to combine theoretical knowledge with practical learning experiences. We are grateful to the Psychology Department for organizing such a wonderful trip.